



CHIPPENHAM & DISTRICT WHEELERS

This event is being promoted for and on behalf of Cycling Time Trials under its Rules and Regulations.

OPEN 10 MILE TIME TRIAL - U41 SPINE ROAD - LATTON

Sunday 1 October 2023. Time of start – 08:00 hours

IF YOU ARE SHOWING ANY SIGNS OF COVID 19 PLEASE DO NOT COME TO THE EVENT

In the interests of your own safety, Cycling Time Trials requires you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. Riders signing the entry form state their conversance with Cycling Time Trials Rules and Regulations and agree to observe them.

EVENT OFFICIALS

Event Secretary

Paul Winchcombe Chippenham & District Wheelers

4 Farmhouse Court

Melksham

SN12 6FG

07792 372309 (*mobile*)

Timekeepers

Start: Mr R Hutchinson Bristol South Cycling Club

Finish: Mrs S Andrews Chippenham & District Wheelers

Officials

Start: Mr O Burgess Chippenham & District Wheelers

Finish: Mrs L Booth Chippenham & District Wheelers

EVENT HQ: Organiser: Mr Paul Freegard

My thanks to all the volunteers:

Paul Freegard

Peter Ifflan

Owen Burgess

Martin Priestley

Robbie Richardson

Lisajayne Booth

Sue Andrews

David English

Rob Hutchinson

Event HQ: Bradstone Playing Field, Ashton Keynes, Swindon, Wiltshire, SN6 6PH

- Refreshments – the intention is to have light refreshments, so please bring loose change for donations
- Toilets – please use one at a time
- Numbers and Signing On
- Prize Presentation – prizes will be sent after the event to winners but intention is to be able to list positions before event finishes
- Event HQ should be open from **0700** hrs

There is a reasonable amount of parking at the HQ (especially if you park sensibly) but if you need to park in the village please park considerately and not block drive ways.

NO SHOEPLATES IN EVENT HQ, PLEASE.

NOTICES: (Please do read these as they affect the management of the event)

- This event is run under CTT regulations which can be found here: <https://www.cyclingtimetrials.org.uk/>
- You are asked to not urinate in the car park or grounds or change in full view of any of the residents. We are very lucky to have this facility, so please do not give them reason to take it away. All future references to "HQ" in this document are referring to this facility.
- Turbo trainer/roller warm up are permitted at HQ but only directly behind/infront of your parked vehicle.
- Your number will be placed on a table at the HQ, please check your number on the list below.
- CTT requires all riders to sign out of events when finished. Failure to complete the signing out sheet will result in the rider being disqualified. Other riders or individuals must not sign out for other people.
- Please hand your number in when signing out.
- A **working front and rear light**, either flashing or constant, must be fitted to the machine in a position visible to following road users and is active whilst the machine is in use.
- **Hard shell helmets are now mandatory.**
- Please respect the volunteers from Chippenham and District Wheelers and the timekeepers who are giving up their time to help out.
- Position your main number so that it is visible from the rear when in the racing position.
- This event may be subject to a Doping Control - It is your responsibility to check by returning to the HQ and signing in as soon as possible after you finish.
- Please allow at least 10 minutes to get to the start.
- Head-down riding kills – if dangerous riding is witnessed it will be investigated and reported.
- No vehicles, except those of the timekeepers, shall be parked at the start or finish

There may be a "pusher offer" but in the event that I do not get one you will have to do a standing start on your own. Rolling starts will not be permitted. Make it easy for the finish time keeper, when you cross the line, shout your number. As loud as you can. Do not approach the finish time keeper at any point for any reason. Once you have finished your race return to HQ to sign out

Race Results will be published on the CTT website as soon as possible.

Start List Appendix A is the rider list with the number assigned to you. This is the number that must be collected from the HQ upon arrival. Please do not swap numbers: your emergency contact details are assigned to this number and we really don't want to be phoning the wrong person in case of an emergency. If you are unable to attend, DO NOT swap your name with someone else. Riders found doing this will not be permitted to race, will be reported to the CTT and may not be accepted in future events.

Ride Safe. Ride Strong. Thank you for your support!

PRIZE VALUES

Due to small field prizes are limited to first place riders only, although placings will be published for usual categories. Other prizes may be awarded at the organiser's discretion and will be published in the results sheet.

Overall		Vets		Others	
1st Place	£15.00	1st Place Vet Overall	£15.00	1st Place Woman	£15.00
Tandem		Road Bike			
1 st	£20	1 st	£15.00		

One prize per rider.

Prizes will be forwarded to riders after the event.

Given the combined age of the tandem I feel it is appropriate to award them a special prize.

COURSE DETAILS

To reach start from event HQ turn **left** onto Rixon Gate road and follow till X-rds. Turn Right onto High Road and follow till Cox's Hill. Go straight on Cox's Hill to junction with B4696 where turn right and follow till X-rds with Spine Road. Go straight on unnamed road towards and past the aggregate industries. Note once past X-rds you will be riding towards riders who are already racing. Distance to start 2 miles.

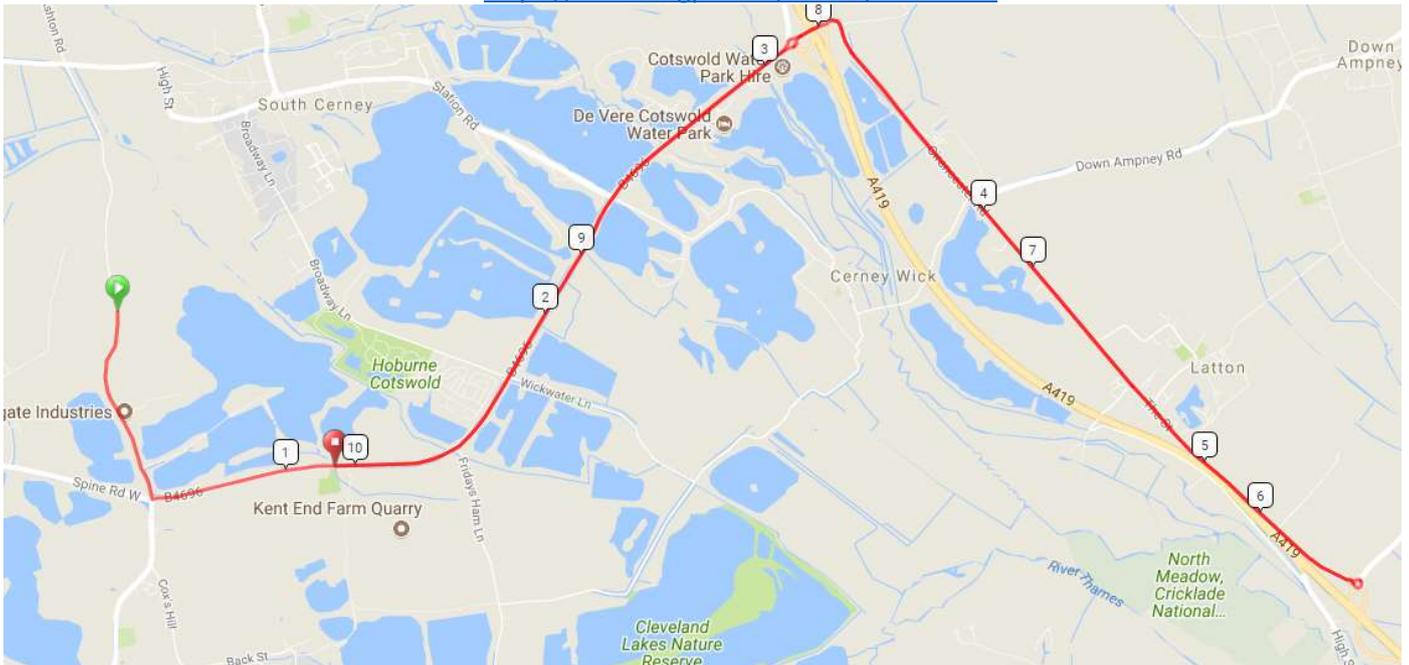
<https://ridewithgps.com/routes/34119754>

- LIMIT U TURNS TO AN ABSOLUTE MINIMUM AND QUEUE TO START IN SINGLE FILE IN LAYBY. DO NOT QUEUE ON THE ROAD.
- PLEASE DO NOT WARM UP PAST THE START AREA.

START: Start in layby on unclassified road 0.4 mile north of Aggregate Industries entrance.

Head south to junction of Spine Rd West and Spine Rd East (B4696) and turn left. Ride East along Spine Road East towards Cotswold Water Park and A419. Cross the double RAB over the A419 (straight on at first RAB) and turn right at second RAB (second exit) towards Latton (DO NOT TAKE A419 EXITS). Ride South East along Cirencester Road through village of Latton (note traffic calming road narrows) to RAB for A419 and circle RAB to return along Cirencester Road through Latton to the double RAB with A419. At first RAB take second exit (straight across) to second RAB and take second exit along Spine Rd East past Cotswold Water Park (DO NOT TAKE A419 EXITS). Ride West along Spine Rd East to finish 0.5 mile short of junction at West end of small gated layby before Clayhill Car Park

<https://ridewithgps.com/routes/25084348>



DO NOT STOP on finishing, but warm down and return to HQ.

Course details including the Risk Assessment are at: <https://www.cyclingtimetrials.org.uk/course-details/u41>

ORDER OF START

Field layout was challenging due differing bike types but given the disparity in times I have let riders from same club start together as there is minimal risk of paced riding.

Start Time	Rider Number	Rider		Club	Cat	Category
08:01	1	David	English	Chippenham & District Wheelers	V4	TT
08:02	2	Chris	Ward	WardPerformanceUK.com	V6	Tandem
08:02	3	Gillian	Thorne	WardPerformanceUK.com	V7	Tandem
08:04	4	Dave	Minter	Audax UK	V5	Trike
08:05	5	Judith	Swallow	VELO CLUB 167	V5	Trike
08:12	12	Theo	Smith	Cheltenham & County Cycling Club	Senior	RB
08:13	13	Richard	Broadbent	Corinium Cycle Club	V5	RB
08:14	14	Jason	Garratt	Apache Brave Racing	V4	RB
08:15	15	Stephen	Parfitt	Oxonian CC	V6	RB
08:16	16	Mike	Anderson	CC Moncontour	V6	RB
08:17	17	Fraser	Joyce	Swindon Wheelers	Senior	RB
08:18	18	Simon	Vannerley	Sherston Velo	V4	RB
08:19	19	Mary-Jane	Hutchinson	Bristol South Cycling Club	V6	RB
08:20	20	Harry	Walton	Cheltenham & County Cycling Club	V4	RB
08:21	21	Rachel	Green	Cheltenham & County Cycling Club	V6	TT
08:22	22	Neive	Richardson	Cheltenham & County Cycling Club	V5	TT
08:23	23	Lauren	Booth	05/03	Espoir	TT
08:24	24	Marianne	Carpenter	Bath Cycling Club	V4	TT
08:25	25	Marianne	Day	Swindon Wheelers	Senior	TT
08:26	26					
08:27	27	Adriano	Dos Santos	Swindon Road Club	V4	TT
08:28	28	Paul	Brickell	Bristol South Cycling Club	V5	TT
08:29	29	Russell	Boon	Avonlea/Treasure RT	V5	TT
08:30	30	Andy	Tucker	Newbury Velo	V5	TT
08:31	31	Alexander	Luisi	Bath Cycling Club	Senior	TT
08:32	32	Stu	Carver	North Hampshire RC	V5	TT
08:33	33	Andrea	Ricci	Bristol South Cycling Club	Senior	TT
08:34	34	Bob	Symons	PDQ Cycle Coaching	V6	TT
08:35	35	Peter	Lindfield	Velotik Racing Team	Senior	TT
08:36	36	Daryl	Stroud	Gloucester City Cycling Club	V5	TT
08:37	37	Dan	Laasna Reuter	Virtual Cycling Club	V4	TT
08:38	38	Philip	Strongman	Oxonian CC	V5	TT
08:39	39	Jack	Walters	Swindon Wheelers	Junior	TT
08:40	40	Tim	Radley	Gloucester City Cycling Club	V4	TT
08:41	41	Vincent	Douglas	Gloucester City Cycling Club	V5	TT
08:42	42	Peter	Garnett	Swindon Road Club	V5	TT
08:43	43	Trevor	Hodges	Stroud Valley Velos	V5	TT

08:44	44	Matthew	Allen	Swindon Wheelers	V4	TT
08:45	45	Steven	Cottington	Bath Cycling Club	V6	TT

Please note your name is on the start sheet as it appears in the CTT Database. You can edit your name to make in upper and lower case.